



FAMILY NIGHT SERIES

Strengthen your bond with your adolescent through this engaging program led by certified facilitators! The Strengthening Families Program (SFP) helps support families through decision making, setting goals, managing emotions, coping with peer pressure, and setting limits.

STRENGTHENING *Families* PROGRAM

FOR PARENTS AND YOUTH 10-14

- ✓ Builds connection & communication
- ✓ Increases academic success in youth
- ✓ For parents & youth ages 10-14
- ✓ FREE younger childcare provided
- ✓ FREE to ALL families in Hamilton County



Reserve your
spot by
January 22nd

Call Beth Kerr
386-792-1276



7-WEEK SERIES

Beginning
February 2nd

FREE DINNER

at 5:30 pm
Mondays, weekly

PROGRAM

from 6:00 – 8:00 pm

WHEN? Mondays, from
February 2nd – March 16th

WHERE? Hamilton County Extension Office
1143 US Hwy 41 NW in Jasper, Florida

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UNIVERSITY of FLORIDA

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Dates will be
announced soon!

Call 4-H Agent
Beth Kerr
386-792-1276

7-WEEK SERIES
meets once per
week.

Free Dinner
and prizes.

Educational program
for the whole family!



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